



SICK FROM GENOCIDE

CONSULT WITH US TO RECEIVE AN ACCURATE
DIAGNOSIS AND TREATMENT PLAN

DIAGNOSTIC SHEET

SYMPTOMS:

- You do not understand why people are fighting
- You think everyone on “both sides” just needs to get along
- You think this started on October 7th
- You do not know where Gaza is on the map

DIAGNOSIS: IGNORANCE

SYMPTOMS:

- You have consumed all media about Palestine and watched the horrific videos of genocide
- Your heart can't take it anymore
- Israel's crimes feel too overwhelming to process
- You feel like you have no power
- You do not know what you can do

DIAGNOSIS: DESPAIR

SYMPTOMS:

- You do not care about politics
- You think people on the other side of the world have nothing to do with you
- You think you have enough problems in your own life
- Palestine feels “too complicated”

DIAGNOSIS: APATHY

SYMPTOMS:

- You think people in Palestine do not matter as much as Americans or Israelis
- You think the world should revolve around American interests
- You do not value people's shared humanity
- Justice is not a principle you hold dear

DIAGNOSIS: HATE This condition is terminal.



QUIZ: Check all symptoms that apply to you

- You do not understand why people are fighting
- You think everyone on “both sides” just needs to get along
- You think this started on October 7th
- You do not know where Gaza is on the map
- You do not care about politics
- You think people on the other side of the world have nothing to do with you
- You think you have enough problems in your own life
- Palestine feels “too complicated”
- You have consumed all media about Palestine and watched the horrific videos of genocide
- Your heart can’t take it anymore
- Israel’s crimes feel too overwhelming to process
- You feel like you have no power in the face of a genocide
- You do not know what you can do to help but you want to
- You think people in Palestine do not matter as much as Americans or Israelis
- You think the world should revolve around American interests
- You do not value people’s shared humanity
- Justice is not a principle you hold dear

Turn this sheet in to the healthcare provider for your diagnosis and treatment plan